

THE INTENSIVE PROGRAM 2023/24 SEASON



Welcome to the Intensive-stream programming at Triumph Acrobatics! We look forward to talking with you. Please take time to read this package with information on the program to decide if it is right for your student and family.

What is the Intensive Stream?

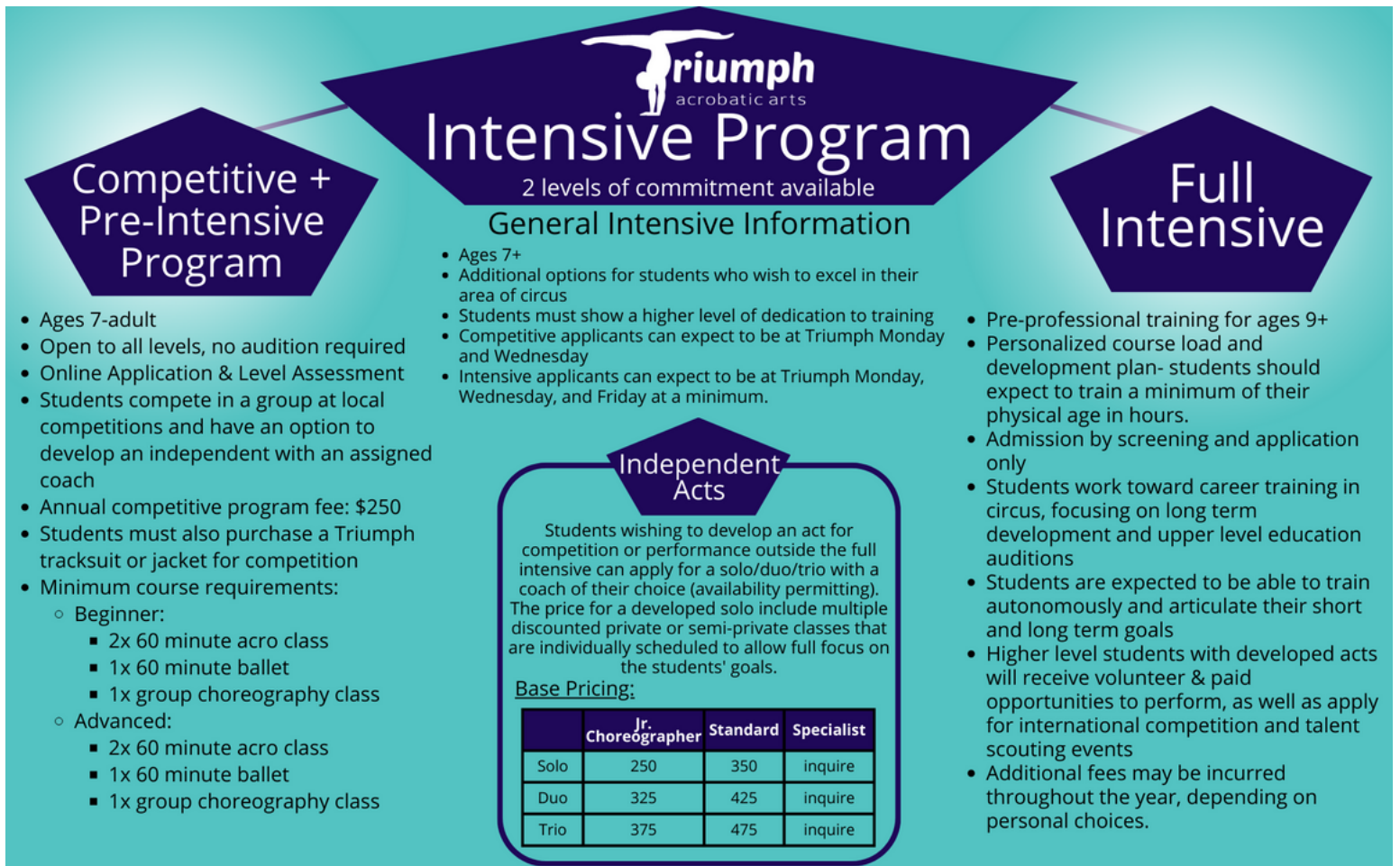
The Intensive stream programming at Triumph Acrobatics is a program for students who are self-motivated and interested in training seriously. For the 2023/24 season, we have split our intensive stream to allow for 2 options:


Competitive Program/Pre-Intensive

This is a program for students who enjoy working toward a performing goal through competition and local performances. Considered a precursor to serious training, students are required to complete a minimum of 4 hours of training per week, divided between Monday and Wednesday. This program is open to all; however, students not meeting behavioural expectations may be requested to consider a non-competitive option. This program is available to students from 7 to 107!

Full Intensive program

For students who wish to train to an elite level, the full intensive program is a career-focused program. Students are led through a process of goal setting, baseline testing, and creative development. Athletes can expect to be at the gym from Monday to Friday, but will only be required to train on the weekend if they are chosen for a performance. Students benefit from an independent development plan, regular meetings and long term developmental training. The intensive program is a commitment, and prospective students are screened thoroughly before being accepted to the program. While this program is geared toward upper middle and highschool students, younger students who show exceptional agency and drive may be considered.





Intensive Program

2 levels of commitment available

General Intensive Information

Competitive + Pre-Intensive Program

- Ages 7-adult
- Open to all levels, no audition required
- Online Application & Level Assessment
- Students compete in a group at local competitions and have an option to develop an independent with an assigned coach
- Annual competitive program fee: \$250
- Students must also purchase a Triumph tracksuit or jacket for competition
- Minimum course requirements:
 - Beginner:
 - 2x 60 minute acro class
 - 1x 60 minute ballet
 - 1x group choreography class
 - Advanced:
 - 2x 60 minute acro class
 - 1x 60 minute ballet
 - 1x group choreography class

Independent Acts

Students wishing to develop an act for competition or performance outside the full intensive can apply for a solo/duo/trio with a coach of their choice (availability permitting). The price for a developed solo include multiple discounted private or semi-private classes that are individually scheduled to allow full focus on the students' goals.

Base Pricing:

	Jr. Choreographer	Standard	Specialist
Solo	250	350	inquire
Duo	325	425	inquire
Trio	375	475	inquire

Full Intensive

- Pre-professional training for ages 9+
- Personalized course load and development plan- students should expect to train a minimum of their physical age in hours.
- Admission by screening and application only
- Students work toward career training in circus, focusing on long term development and upper level education auditions
- Students are expected to be able to train autonomously and articulate their short and long term goals
- Higher level students with developed acts will receive volunteer & paid opportunities to perform, as well as apply for international competition and talent scouting events
- Additional fees may be incurred throughout the year, depending on personal choices.

What do We Look For in an Intensive Candidate?

- Students with a strong sense of personal agency and self-motivation
- Teachability and ability to effect corrections
- Family involvement and support (entrance into the program is a family commitment)
- Strong time management skills and academic solidity
- A respectful and Compassionate attitude

Students in the intensive program often participate in additional shows, activities, and events. While school absences are minimised, the competition season is not within our control. We encourage all families to discuss what the possibilities for disruption and additional stress are as a group.

What is Involved in the Intensive Program?

CORE TRAINING:

Competitive/Pre-Intensive (minimum course load)	Pre-Professional/Full Intensive (minimum course load, Independent requirements set at initial meeting)
2x 60 minute acro classes per week	2 x 60 minute acro classes per week, 1x handbalance class per week,
1x 60 minute ballet class per week	3x 60 minute dance classes per week (ballet, jazz, contemporary)
1x 60 minute competitive choreography class per week	3x stretch & fitness classes per week
Advanced Competitive only: 1x 60 minute handbalance class per week	1x 3 hour Friday training block for specialization and personal development

OPTIONAL ADDITIONS FOR COMPETITIVE/PRE-INTENSIVE

The following classes are strongly encourage for students in the competitive program; however, are not required and may occur on days outside of the Monday/Wednesday dedicated days.

Encouraged Technical Classes:	Independent Act Development
Partnerwork (60min)	Solos/Duos/Trios, or private small groups are an option for students in the competitive program.
Handbalance (60 min)	1. Students must be actively taking a class in their discipline of choice
Additional Dance (60min classes): Jazz: Beginner and Intermediate Modern: Intermediate only	2. There is a set fee for independent acts, and result in a guarantee of minimum 6 private sessions with the coach in question and a reduce-price rehearsal block in the spring to prepare for competition
Splits, Deep Stretch, Contortion, or Fitness (60 min)	
Trampoline (60min) or Tramp & Tumble (120min)	3. Additional competition fees may apply

ADDITIONAL FEES

The intensive stream programming follows the same tuition schedule as our recreational programs; however, there are additional annual fees incurred by this program. We will break these down below:

Program	Uniform Fees (all)	Competitive /Pre-Intensive	Pre-Professional /Intensive	Solo/Duo/Trio
Fee	variable	250	400	variable
Breakdown	<ul style="list-style-type: none"> Students are required to wear a Triumph tracksuit or jacket to all events It is acceptable to wear either the older or newer style. Tracksuit pricing is \$85 for the older style, and the new track jackets pricing is TBD, and will be available in summer 2023 Onesies may be available mid-season, and are an acceptable option. They will be \$75 	<ul style="list-style-type: none"> 3 competition fees: \$170 Costume: (purchase price, if the choreographer opts to use a Triumph library costume instead, this fee is reduced to \$25, with a \$25 credit returned to the account upon return of costume) \$50 Pre-competition in-house show, and HD video/photos from Mission competition: \$25 Administration fee: \$5 	<ul style="list-style-type: none"> Personal development plan, including planning, tracking and documentation: \$100 Portfolio development & photos: \$200 Guest workshops: \$100 	<ul style="list-style-type: none"> A minimum of 6 private sessions with choreographer Access to a reduced-rate pre-season act refinement training block in the spring

Additional Information:

COMPETITION SEASON:

Competitive groups will attend *three competitions in the Fraser Valley* between April and May, 2024. Please note that competitions are **not optional** due to the team dynamic. Independent acts may opt to compete in additional events, and we will open options for an April competition in Kelowna or Whistler at the beginning of the season for those who are interested.

LOCKERS & FOOD


For the 2023/24 season, only full intensive students will receive an assigned locker. Remaining lockers will be available for day to day use by all students as a default. If you wish to have a reserved locker for the year, there is a \$20 annual fee, and students must provide the office with either a padlock combination or spare key.



The canteen is back, along with accounts! You may register your student for an account for our canteen that includes healthy snacks and quick energy fixes. Canteen accounts are tracked and billed with monthly fees.

Food storage: Students who have a designated locker may keep non-perishable snacks, provided they are enclosed in a **hard, plastic or metal container that has a firm seal.**

2023/24 Dress Codes

Intensive stream students are role models within our gym and are expected to abide by our dress code protocols strictly. Presenting at the gym with a good attitude includes presenting with the appropriate clothing. Failure to present in dress code will be considered an indication that the student lacks the respect required to be in higher training and may result in being asked to return to the recreational program.

CLASS	DESCRIPTION	EXAMPLES
Ballet	<p>Hair: Long hair must be secured in a bun</p> <p>Shoes: Ballet shoes in pink or black:</p> <ul style="list-style-type: none"> • Beginner: full sole • Intermediate: full or split sole <p>Option 1:</p> <ul style="list-style-type: none"> • Black Leotard • Ballet pink or white tights <p>Option 2:</p> <ul style="list-style-type: none"> • Black leggings or shorts that land above the knee • White or black tank or t-shirt* <ul style="list-style-type: none"> ◦ *must be fitted/tight to torso <p>Optional warm-up clothing:</p> <ul style="list-style-type: none"> • wrap or light sweater that does not extend below waist • leg warmers • fleece or 'warming' shorts over hips • <i>*Please no baggy layers*</i> 	 
Jazz	<p>Hair: Long hair must be secured in a pony tail</p> <p>Shoes: Black jazz shoes</p> <p>Clothing:</p> <ul style="list-style-type: none"> • Black Leotard or tightly fitting tank top or tshirt • Black shorts or leggings(tight) • Alternative: Black biketard <p>Optional warm-up clothing:</p> <ul style="list-style-type: none"> • wrap or light sweater that does not extend below waist • leg warmers • fleece or 'warming' shorts over hips • <i>*Please no baggy layers*</i> 	 
Modern	<p>Hair: Long hair must be secured in a pony tail</p> <p>Shoes: barefoot</p> <p>Clothing:</p> <ul style="list-style-type: none"> • Black Leotard or tightly fitting tank top • Black shorts or leggings(tight) • Alternative: Black biketard <p>Optional warm-up clothing:</p> <ul style="list-style-type: none"> • wrap or light sweater that does not extend below waist • leg warmers • fleece or 'warming' shorts over hips • <i>*Please no baggy layers*</i> 	

CLASS	DESCRIPTION	EXAMPLES
<p>Acro & Competitive</p>	<p>Hair: Long hair must be secured back in either a ponytail or equivalent Shoes: bare feet Clothing:</p> <ul style="list-style-type: none"> • Leotard, or tight fitting shirt. No baggy tops will be allowed, even if they can be tucked in • Shorts or leggings • Alternative: unitard or biketard <p>Optional warm-up clothing:</p> <ul style="list-style-type: none"> • wrap or light sweater that does not extend below hip • leg warmers • fleece or 'warming' shorts or pants- MUST COME OFF AFTER WARMUP • <i>*Please no baggy layers*</i> <p><i>*PLEASE NOTE: Leotards/biketards are heavily preferred</i></p>	
<p>Aerial courses</p>	<p>Hair: Long hair must be secured back in either a ponytail or equivalent Shoes: bare feet Clothing:</p> <ul style="list-style-type: none"> • Leotard, or tight fitting shirt. No baggy tops will be allowed, even if they can be tucked in • Separate fitted long sleeve garment • leggings or footless tights • Alternative: unitard or biketard <p>Optional warm-up clothing:</p> <ul style="list-style-type: none"> • wrap or light sweater that does not extend below hip • leg warmers • fleece or 'warming' shorts or pants- MUST COME OFF AFTER WARMUP • <i>*Please no baggy layers*</i> <p><i>*PLEASE NOTE: Leotards/biketards are heavily preferred</i></p>	

Tuition Rates, Fees, and Schedule

TUITION RATES

Class Hours per Week	Hourly Rate	Annual Total*	Monthly Payment*
1	30	\$990	\$99.00
1.5	30	\$1,485	\$148.50
2	30	\$1980	\$198.00
2.5	30	\$2475	\$247
10% discount			
3	27	\$2673	\$267.30
3.5	27	\$3118.5	\$311.85
20% discount			
4	24	3168	316.8
4.5	24	3564	356.4
25% discount			
5	22.5	3712.5	371.25
set rate			
6-unlimited	-	\$4000	\$400

* Prices listed are net and do not include 5% gst, applied at invoicing.

REGISTRATION FEE BREAKDOWN

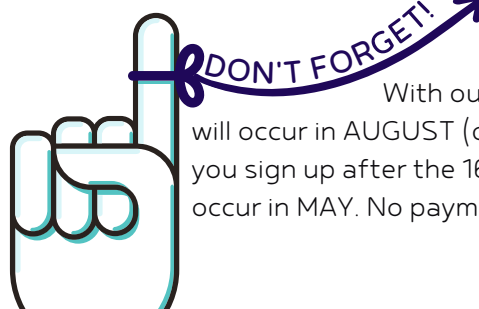
Amt	Description
15	Participant Insurance
10	Administration & Registration
5	Maintenance & Contingency
30	TOTAL

DISCOUNTS

%	Details
Family/Household Discount	
5%	2nd member of household account will receive an automatic 5% discount on tuition. Discounts are given in descending order of registered classes.
10%	3rd and additional member(s) of household account will receive an automatic 5% discount on tuition. Discounts are given in descending order of registered classes.
Pre-Pay Discount	
5%	Prepay 5 months tuition at the beginning of the year and receive an additional 5% off!
10%	Prepay a full year's tuition at the beginning of the year and receive an additional 10% off!
Energy & Materials Exchange	
-	Think you have a skill or materials that is useful? Email us to discuss energy/material exchange options!

IMPORTANT BILLING DATES

Date	Details
upon registration	Non-Refundable Registration fee required to hold a spot in class
16th of each month	Deadline to withdraw from a class for the following month
17th of each month	Invoicing: You will receive an invoice of fees due for the following month. If you wish to pay by e-transfer, cheque or cash, now is the time!
24th of each month	Payment Due: any cards on account will be charged the invoice amount stated on the 17th if not already paid.



With our pre-pay cycle, the first invoice date will occur in AUGUST (or immediately upon registration if you sign up after the 16th), and the last invoice date will occur in MAY. No payments in June!

2023/24 ANNUAL PROGRAM CALENDAR



SEPTEMBER

3-9	Sunday - Saturday	Special Event	FREE WEEK' <i>Sign up to test out classes or be assessed!</i>
10	Sunday	Important Date	First Day of Classes
30	Saturday	Scheduled Closure	National Day for Truth & Reconciliation <i>All classes cancelled</i>

OCTOBER

9	Monday	Scheduled Closure	Thanksgiving <i>All classes cancelled</i>
20	Friday	Special Event	Pro-D Day Camp (<i>classes are on!</i>)
23	Monday	Special Event	Pro-D Day Camp (<i>classes are on!</i>)
25-29	Wednesday - Sunday	Special Event	Halloween Week: <i>All classes cancelled</i>
31	Tuesday	Scheduled Closure	Halloween: <i>All classes cancelled</i>

NOVEMBER

13	Monday	Special Event	Pro-D Day Camp (<i>classes are on!</i>)
24	Friday	Special Event	Pro-D Day Camp (<i>classes are on!</i>)

DECEMBER

9-17	Full week+	Special Event	Polaris: An Arctic Adventure <i>All classes cancelled</i>
18-23	Full Week	Important Date	Show-off Week



December 24- January 5: Winter Break:
All classes cancelled



JANUARY

6	Saturday	Important Date	Return to Class
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FEBRUARY

16	Friday	Special Event	Pro-D Day Camp (<i>classes are on!</i>)
19	Monday	Special Event	Family Day
20-22	Tuesday - Thursday	Scheduled Closure	Rest Week: <i>All classes cancelled</i>

MARCH



March 10-23: Spring Break: *All classes cancelled*
Check out our Camps! →



APRIL

1	Monday	Scheduled Closure	Easter Monday: <i>All classes cancelled</i>
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MAY

17-20	Friday - Monday	Scheduled Closure	May Break: <i>All classes cancelled</i>
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JUNE

TBD	Full week+	Special Event	Show Week Schedule
18-24	Tuesday - Monday	Annual Date	Show off Week
24	Monday	Annual Date	Last day of Annual classes

Policy Reference

(All policies are located in our software and mandatory for registration)

1. Payment Agreement

First month tuition is due upon registration and is NON-REFUNDABLE. Registration and required additional fees are due upon registration and are non-refundable. Monthly tuition payments are due on the 24th of the month prior, every month from August to May (inclusive), for classes held from September to June. Invoices are sent on the 17th day of the month prior, with payment due on the 24th day of the month prior. If paying by cheque, 1 cheque for first month fees is due dated day of registration, and 9 post-dated cheques for the 24th of the month from September to May are due within 5 days of registration. To pay by cash or e-transfer, please email: info@triumphacrobatics.com. If a credit card is entered in the account, it will automatically be billed upon registration, and monthly payments will be automatically processed the 24th of the month as detailed above. Parties: We are able to accept all the above and/or cheque or cash in-person.

Annual Programs: (Includes both recreational and intensive classes)

Averaged Tuition: Annual tuition is calculated on a basis of a minimum of 33 classes from September to December. Total annual tuition is divided into 10 even monthly payments.

Registration Fee: \$30 annual registration fee. (includes insurance, administration fee, and production fees/costume rental for the year end show)

Competitive Fees: Students participating in group competition have a \$250 competition fee per group. (includes all competition fees, costume purchase or rental, media, and pre-competition in-house performance) Individual entries are additional and treated on a case-by-case basis.

Late or Insufficient Payments: A \$25.00 late payment fee will be charged for any payments made more than 48 hours beyond due date. A \$50.00 processing fee will be charged for any returned payments.

I will advise Triumph Acrobatic Arts Ltd. of any changes in payment in writing at least 10 business days prior to the next payment date. Insufficient notification will result in late fees. Classes are not subject to pro-rating for early withdrawal, and full tuition is due at the beginning of the month or upon registration. Cancellation is subject to the following conditions: Request for withdrawal from an annual class must be submitted by the 16th of the month prior. Requests must be submitted via email to info@triumphacrobatics.com. Late withdrawals will be required to pay the following month's tuition.

2. Medical Emergencies

I give permission to Triumph Acrobatic Arts Ltd., and all its employees and associates to seek medical treatment for the participant listed in this registration in the event they are not able to contact a parent or guardian. I have declared any physical/mental problems, restrictions, or conditions in this registration form and/or declare the participant to be in good physical and mental health. I further consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness while participating at Triumph Acrobatic Arts Ltd., and I hereby release Triumph Acrobatic Arts and agree that I will hold harmless and indemnify Triumph Acrobatic Arts Ltd., including all staff, volunteers and owners, from and against all action, suits, claims and demands which may be brought against or upon Triumph Acrobatic Arts Ltd., as a result of any selection of medical treatment or administration of medical treatment sustained by myself/my child while I/my child is a participant in any program operated by said organization.

3. Media Release

I give permission to Triumph Acrobatic Arts Ltd., and all its employees and associates to seek medical treatment for the participant listed in this registration in the event they are not able to contact a parent or guardian. I have declared any physical/mental problems, restrictions, or conditions in this registration form and/or declare the participant to be in good physical and mental health. I further consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness while participating at Triumph Acrobatic Arts Ltd., and I hereby release Triumph Acrobatic Arts and agree that I will hold harmless and indemnify Triumph Acrobatic Arts Ltd., including all staff, volunteers and owners, from and against all action, suits, claims and demands which may be brought against or upon Triumph Acrobatic Arts Ltd., as a result of any selection of medical treatment or administration of medical treatment sustained by myself/my child while I/my child is a participant in any program operated by said organization.

4. COVID-19/Public Health policies

I agree to follow all policies set in place by Triumph Acrobatic Arts Ltd. as specified on both the website and registration package. I understand that policies may be altered, removed, or added as needed. All information will be communicated by writing by Triumph Acrobatic Arts Ltd., and I will treat any policy amendments as equal to all original policies and follow them. In the event I or any other member of my family tests positive for COVID-19, or any other significant communicable disease, I will immediately notify Triumph Acrobatic Arts Ltd. I understand that Triumph Acrobatic Arts Ltd. is taking all possible precautions to reduce or eliminate cross contamination, and will not hold Triumph Acrobatic Arts Ltd. responsible should a participant or family member test positive for COVID-19. Closure Should an additional wave of COVID-19 or other emergency result in the temporary closure of physical training at Triumph Acrobatic Arts Ltd., I agree to the following: All in-person classes will be paused and replaced by in-house credit and/or private instruction of equivalent value until the end of the calendar month. Should the closure continue into the ensuing month, it is the prerogative of Triumph Acrobatic Arts Ltd. to pursue one of two further actions: If closure is not anticipated to last beyond 25% of the following month, Triumph Acrobatic Arts Ltd. will continue to bill for tuition fees and operate private/semi-private sessions until reopening is possible. If closure is anticipated to continue beyond 25% of the following month, Triumph Acrobatic Arts Ltd. will pause all tuition fees, registrations and cancellations for up to 1 calendar month at a time.